|  |  |  |  |
| --- | --- | --- | --- |
| **Blue** | **Green** | **Yellow** | **Red** |
| Image result for sadness inside out | Image result for joy inside out | Image result for inside out worry | Image result for inside out anger |
| **Sick**  **Sad**  **Bored**  **Tired**  **Moving Slowly** | **Happy**  **Calm**  **Good to Go**  **Focussed**  **Happy to Learn** | **Frustrated**  **Worried**  **Anxious**  **Silly/Wiggly**  **Excited** | **Mad/Angry**  **Mean**  **Yelling/Hitting**  **Out of control**  **I need Time and Space** |